



FOOD BANK VOLUNTEER

Volunteer Position Posting

ABOUT US

The Nourish and Develop Foundation (TNDF) is a non-profit organization located in Cannington, Ontario. We connect people to nourishing food and supportive resources, empowering the community to come together to develop lasting change. Through our 2 branches of service – Food Services and Social Services – we offer a variety of programs to the whole community.

As part of Food Services, TNDF operates a shopping-style food bank. Through a points system, clients are able to select the food they want based on their specific needs and preferences. The Food Bank serves as an essential community resource, providing immediate relief, offering support and connection, all while recognizing the diverse challenges associated with food insecurity.

Food Bank volunteers support these activities and are supervised by the Food Bank Coordinator.

LOCATION

This position is in-person and based out of Nourish House at 38 Cameron St E, Cannington ON.

AVAILABLE SHIFTS

- **Mondays 1-4PM** (weekly)
- **Wednesdays 11:30AM-2PM** (bi-weekly)
- **Thursdays OR Fridays 9AM-12PM** (weekly)

KEY RESPONSIBILITIES & DUTIES

Tasks vary depending on the shift. Training will be provided. Tasks may include, but are not limited to:

- Assisting with client shops and associated record keeping
- Preparing Food Bank areas – e.g. 'facing' products, turning fridge lights on
- Cleaning support – e.g. tidying, sweeping, cleaning fridge/freezer, disinfecting areas
- Restocking shelves, fridges and freezers
- Unloading deliveries and breaking down cardboard boxes



- Weighing, inspecting and recording donations, while ensuring product quality control
- Packaging food – e.g. labeling, bagging produce, operating the vacuum packaging machine, preparing pickup orders
- Providing general support for the Food Bank team, as needed
- Creating a safe, inclusive, and welcoming environment for all
- Performing other related errands and duties as required

QUALIFICATIONS

Food Bank volunteers must be able to:

- Effectively communicate with kindness and sensitivity – this is crucial for interacting with clients
- Maintain client confidentiality
- Effectively communicate and work collaboratively in a team with a positive attitude
- Follow instructions from supervisors and proactively seek clarification when necessary
- Be punctual and reliable, with excellent time management and organizational skills
- Lift 50lbs - e.g. a bag of potatoes, box of laundry soap
- Stand for the duration of the shift and sustain repetitive physical movements – e.g. stocking shelves
- Adhere to required Health & Safety procedures, including safe food handling

It is considered an asset if interested volunteers also have:

- A valid Food Handlers Certificate
- Experience working in customer service
- Knowledge of food insecurity and the diverse challenges associated with it

OTHER REQUIREMENTS

These positions are year-round and require a weekly commitment. Preference will be given to individuals looking to commit to 3 months or more. A Vulnerable Sector Check is required for this role.

HOW TO APPLY

To apply for a volunteer position, your options are:

- Complete a Volunteer Application form online by [clicking here](#), or
- [Download a PDF copy of the Volunteer Application](#), complete it, and email it to Jenn at jennifer.barnes@tndf.ca, or
- Drop off your application in person at 16 York St, Cannington, Monday – Friday 9AM – 4PM

If you have any questions or concerns about our Volunteer Program, please contact Jenn at jennifer.barnes@tndf.ca or 705-432-2444.